



Simulation Exercises – The Missing Tool From the Selection System

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Based on nearly a century of organizational research, we know that a typical selection system can only predict the differences in job performance across a candidate pool with about 40% accuracyⁱ. And that only if the selection system is well implemented! Clearly, there is a tool missing from the typical selection system!

The missing tool from the typical selection system is the simulation exercise. The simulation exercise is an assessment method that requires candidates to demonstrate their actual behavioral skills in an activity that resembles an actual organizational situation. Simulation exercises can take on several forms. Some simulations involve mostly written materials, such as a business case. In these exercises candidates need to demonstrate behavioral skills, such as critical thinking and dealing with ambiguity, in order to develop an effective business plan. Other simulations involve interactions with a role player, such as a new potential sales client. In these exercises candidates need to demonstrate behavioral skills, such as building rapport and persuasive communication, in order to make a successful sale.

The typical selection system found in most organizations includes a few processes for screening resumes and checking references, a couple levels of interviews, and if they are lucky . a couple of tests for cognitive ability, personality, and job knowledgeⁱⁱ. Evidence-based research has demonstrated that organizations can increase the predictive accuracy of their selection system, and improve candidates' reaction to their selection process by adding simulation exercises to their selection systems

The predictive benefits of adding simulation exercises to an organization's selection system toolkit have long been known. When AT&T pioneered the use of simulation exercises as part of their assessment center program, their program successfully identified 42 out of the 49 entry-level employees who, *eight years after the assessment*, were successfully promoted to middle managementⁱⁱⁱ. That is a predictive accuracy of 85%!

The results found at AT&T have been replicated for organizations, big and small, across the globe. A study that amalgamated the results of 34 different simulation exercise studies, found that simulation exercises explain about 20% of the difference in candidates' performance^{iv}. More importantly, a study soon to be published in the *Journal of Applied Psychology*, found that some of this variance in job performance explained by simulation exercises is incremental to the variance explained by lower fidelity simulation (i.e., knowledge tests or interviews)^v. By rating candidates' ability to take their words (i.e., procedural knowledge and past experience) and translate them

into actions (i.e., performance in simulation exercises), organizations gather additional predictive information. In other words, the simulation exercise adds more prediction to the typical selection system because it allows hiring managers to evaluate candidates as they ~~w~~alk the walk

With the traditional selection system, behavioral skills are primarily assessed with the interview. Hiring managers can only evaluate candidates based on how they ~~w~~alk the talk which reduces the accuracy of behavioral skill ratings. For the unstructured interview candidate ratings are highly susceptible to rater biases^{vi}. For example, a recent study found that the quality of a candidate's handshake (i.e., a form of first impression bias) was the largest contributing factor to interviewers' ratings^{vii}. It is safe to say there are far more important behavioral skills that organizations should be looking for from candidates beyond their ability to create a good first impression!

Even structured interviews ratings tend to be highly influenced by factors other than candidates' behavioural skills. Take the typical structured interview question (i.e., the *What did you do?* question). This type of question requires candidates to recall a relevant previous work event, often which occurred several years prior, and be able to describe a detailed step-by-step account of all of their actions. To answer such questions effectively, candidates need to have really good memories. Thus, the ratings of structured interviews capture the candidates' cognitive ability^{viii}, which distorts the ratings of the candidates on the actual behavioral skills that organizations are trying to measure.

Beyond adding more prediction to the selection system, another benefit to the simulation exercises is that candidates react enthusiastically to them. In fact, candidate reactions to simulation exercises have been found to be more favorable than to any other common selection tool. For example, one study surveyed 390 job seekers who took part in 13 different selection practices, including various types of job interviews, employment tests, and simulation exercises^{ix}. Job seekers were asked to indicate their reactions to each practice with the following two items: *After this experience, my attitude toward the company would be much more favorable,* and *After this experience, I would be very motivated to further pursue this company.* More than any of the other selection tools, candidates most strongly agreed with these items when reporting about simulation exercises.

Given that simulation exercises add predictive accuracy and improve candidates' reactions to the hiring process, why aren't all organizations using simulation exercises? It is because all too often organizations are wary of the cost. Simulation exercises can be one of the more costly selection tools, and are often referred to as the *Rolls Royce* of selection tools^x. However, organizations that have added simulation exercises have been rewarded with excellent returns on investment.

The most recently documented example of the economic utility of simulation exercises comes from the Dallas Police Department. The Dallas Police Department added simulation exercises as part of the promotional examination to police sergeant. Due largely to the additive incremental prediction that the simulation exercises added to their selection system, the economic benefit from the program was conservatively estimated to be over \$400,000, for a return on investment of over 250%^{xi}. Similar results have been reported for selection systems used for managerial positions in office settings^{xii} and sales^{xiii}. Thus the benefits of selecting managers with better behavioral skills through the use of simulation exercises clearly outweigh the additional design and administration costs incurred.

So how do simulation exercises fit into your existing selection system toolkit? Some management gurus, suggest that organizations can do away with interviews all together, in favor of just simulation exercises^{xiv}. However, such a recommendation is naïve. The simulation exercise is a tool that should complement a host of additional selection tools in your selection system, rather than replace them. In order to find out how you can integrate the simulation exercise tool into your existing selection system, contact a trusted organization simulation provider.

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Industrial-Organizational (I-O) Psychology is the study of how people behave at work. More specifically, I-O psychologists are interested in such topics as: recruiting and hiring the best people, improving employee skills, developing performance appraisal and reward systems, ensuring fair workplace procedures, motivating employees, fostering team work, leadership, and employee well-being

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